

TICKLER FILE EXPRESS SHIPMENT LIST



	RECOMMENDED ITEMS	Check When Completed
1.	Clothes for current climate	
2.	Sheets, pillows and cases, blankets, towels and washcloths	
3.	Small portable radio	
4.	Clock (remove batteries and tape to clock)	
5.	Flashlight (remove batteries and tape to flashlight)	
6.	Toys for small children	
7.	Books or hand work for relaxation	
8.	Cookbooks, if needed	
9.	Small assortment of tools	
10.	Writing paper, pens, pencils and envelopes	
11.	2 or 3 small table lamps	
12.	Pots and pans, bakeware and coffee pot (non-electric)	
13.	Casserole dishes	
14.	Dishes, knives, forks and spoons (amount needed for family)	
15.	Plastic bowls, canisters and colander	
16.	Spatula, large spoons, can opener (non-electric), kitchen knives, grater and potato peeler	
17.	Measuring cups and spoons	
18.	Salt and pepper shakers	
19.	Calendar	
20.	Small assortment of spices and flavorings that are used regularly (tape bottles shut, put into plastic bags and seal)	



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21.	Dish pan, rack and drainer	
22.	Iron and ironing board	
23.	Baby items, if new baby	
24.	Stereo system with small number of CDs or tapes (must be convertable to electrical frequency of new duty station)	
0.0	Television set if compatable with local channels and electrical output	
25.	VCR (if applicable) and a small supply of tapes and/or games	
26.	Short-term supply of special dietary foods	
27. 28.	List of all assets and liabilities including personal valuables with data on any insurance coverage, personal debts and debts owed. Take your employment records for each adult. Information should include: names, places, dates and copies of any instrument entitling employee or survivors to special benefits such as insurance, pensions and stock options.	
29.	Copies of income tax papers and significant tax returns (statue of limitations is 3-6 years)	
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